



SOFT & MOIST SWEETENED DRIED CRANBERRIES
UPC 94514, 92008, 03477
NUTRITIONAL ANALYSIS

Per 100 grams

Calories	310
Calories from Fat	4.5
Total Carbohydrates	83.20 g
Sugars	65.0 g
Dietary Fiber	8.73 g
Protein	<0.10 g
Total Fat	0.50 g
Saturated Fat	<0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	16.00 g
Ash	0.20 g
Vitamin A	0 mg
Vitamin C	<1.00 mg
Calcium	10.0 mg
Iron	0.53 mg
Copper	0.08 mg
Magnesium	4.70 mg
Niacin	0.99 mg
Phosphorus	7.80 mg
Potassium	40.20 mg
Riboflavin	0.016 mg
Sodium	3.20 mg
Thiamin	0.007 mg
Zinc	0.11 mg

This analysis represents an average sampling. 08 Sept 2009

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