



**CHOICE SWEETENED DRIED CRANBERRIES – DICED & WHOLE**

UPC # 94613, 94639, 94632, 98005

**NUTRITIONAL ANALYSIS**

Per 100 grams

Calories	342
Calories from Fat	4.5
Total Carbohydrates	84.15 g
Sugars	67.0 g
Dietary Fiber	5.0 g
Protein	0.3 g
Total Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	15.0 g
Ash	0.05 g
Vitamin A	0 mg
Vitamin C	1.0 mg
Calcium	3.8 mg
Iron	0.0 mg
Copper	0.0 mg
Magnesium	1.8 mg
Niacin	0.0 mg
Phosphorus	0.0 mg
Potassium	11 mg
Riboflavin	0.13 mg
Sodium	2.0 mg
Thiamin	0.010 mg
Zinc	0.0 mg

This analysis represents an average sampling.

**Ocean Spray Cranberries Ingredient Technology Group**

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